

# REDUCE ENERGY USE: -IN BUILDINGS -BY BEHAVIOUR CHANGES

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Research Institutes of Sweden

**Build environment**

**Energy and circular economy**

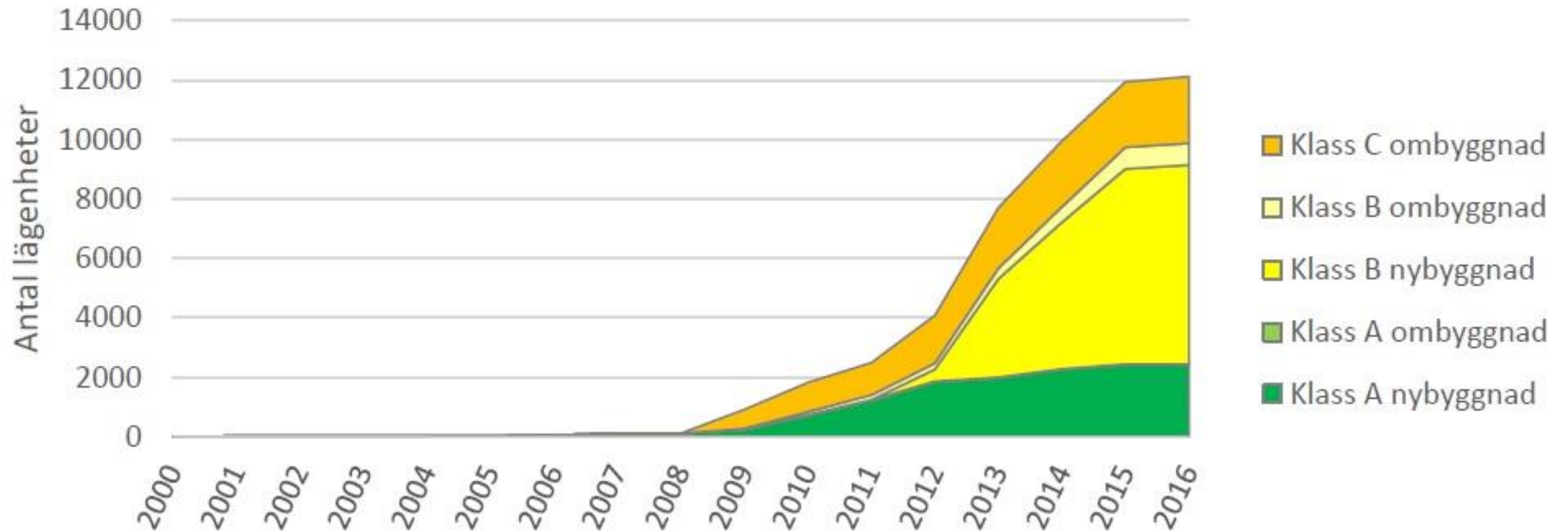


# Global challenges for the build environment



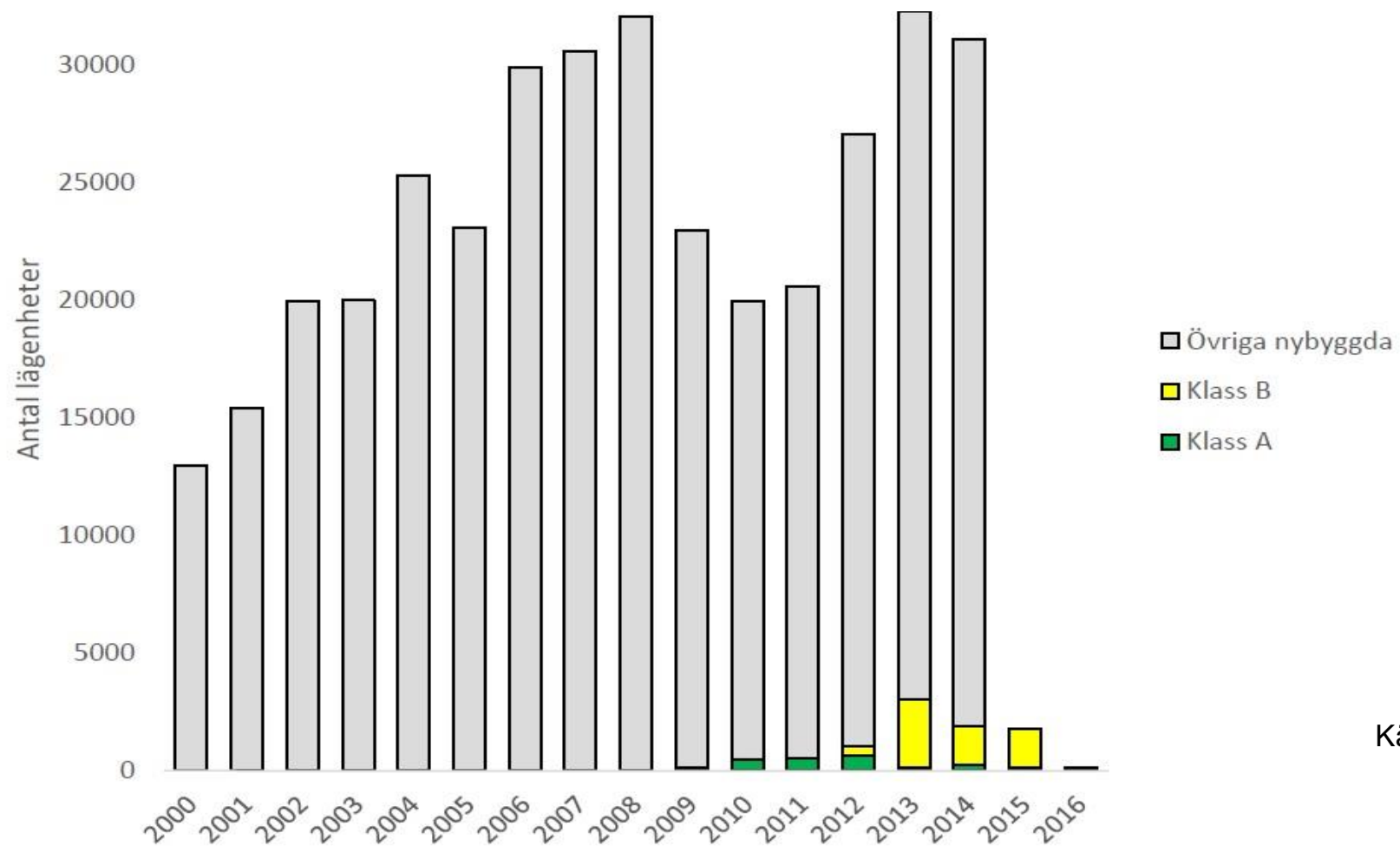


# Swedish low energy buildings



Källa: Lågan

# Swedish percentage low energy of total build houses

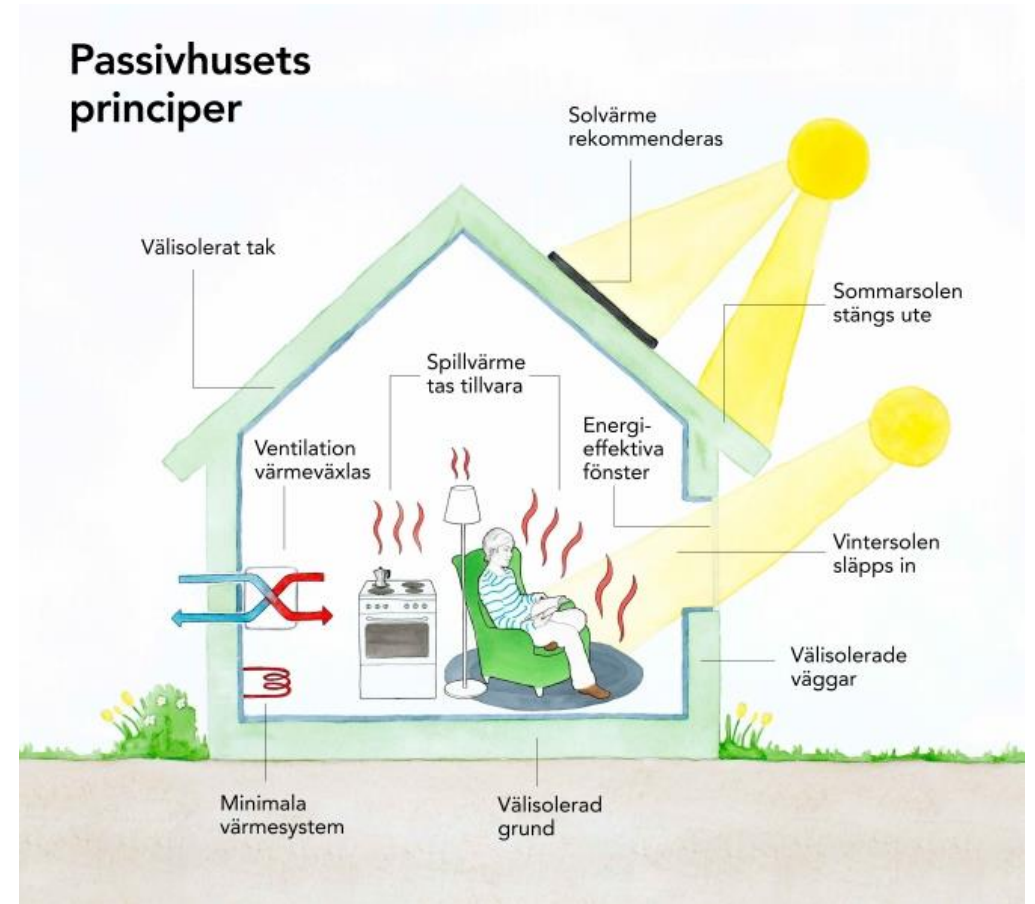


Källa: Lågan

# Example: Passiv houses



Bild: Gunilla Persson



Source: Passivhuscentrum

# Reduce energy use in buildings

**Existing building stock  
has greater potential!**

- Insulation (prefabricated building parts or site specific) of walls and roof
- Change of windows and doors (low u-value)
- Seal the building envelope to reduce heat leakage
- Heat recovery systems (ventilation air and water)
- Energy efficient installations (pumps, fans, elevators, LED lighting etc)
- Energy efficient household machines (computers, TV, refrigerator, washing machine, stove etc)
- Improved insulation of technical installations (water and ventilation pipes, heat storage tanks etc)
- Improve monitoring and control systems to only use energy when needed
- Add solar PV panels

# LCA

- LCA – Life Cycle Assessment
- The environmental impact of a product or service
- Through out the life cycle – raw materials, enrichment, production, transports, use and recycling/waste



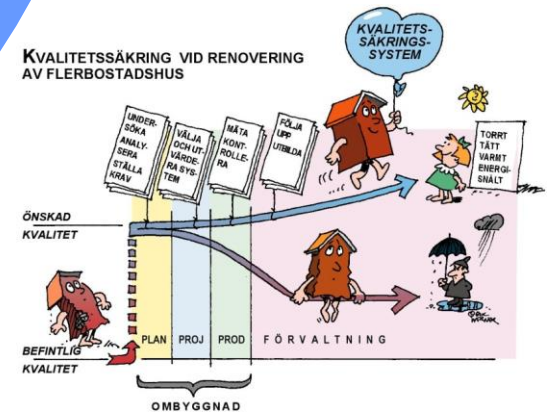
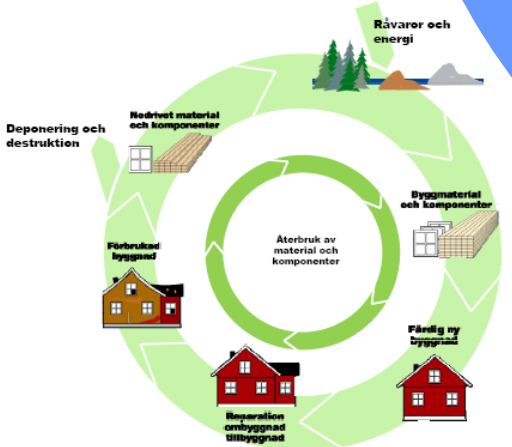
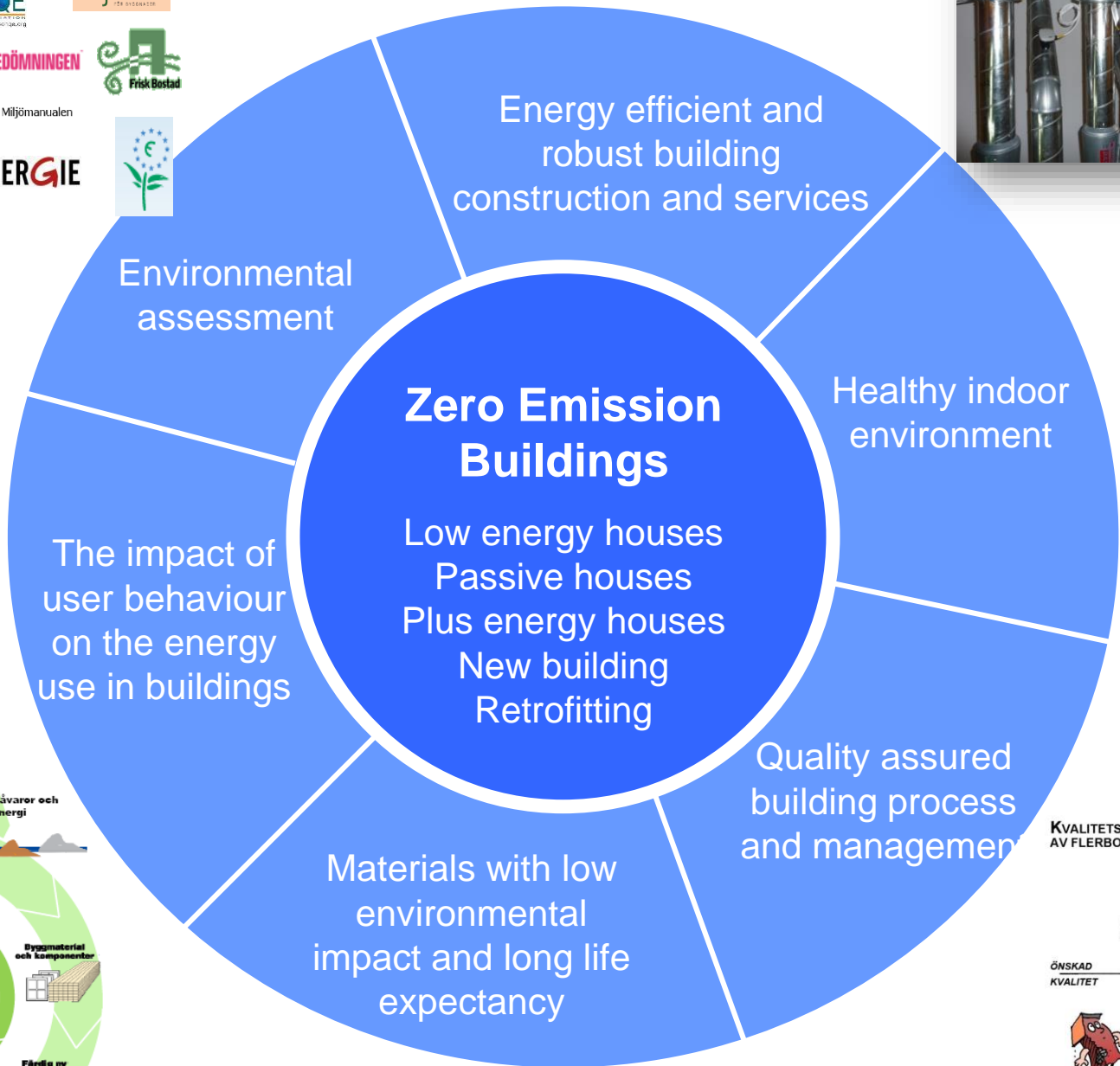


# LCC

- LCC – Life Cycle Cost
- The total cost of a product or service through the whole life cycle
- Investment, education, service, repairs, interest
- Use it to find the best solution over time







## Kongahälla – going from low energy to plus energy district

## Aim:

- To radically reduce energy use in new residential housing and commercial buildings
- To identify opportunities to produce heat and electricity for a positive net energy production on a yearly basis at district level

## Partners: SP och Municipality of Kungälv

## Expected results:

- Supporting documentation for how to move forward with energy efficiency in the district Kongahälla.





# NEED4B Demonstration site in Sweden

## BORÅS AND VARBERG PILOTS



This project has received funding from the European Union's Seventh Programme for research, technological development and demonstration under grant agreement N.º: FP7/285173/NEED4B





# Facts about the houses

- Forskningsvillan (Borås) with 4 artificial occupants
- Family villa (Varberg) with a real family of 5
- 198 sqm gross area each
- Single family, pre fabricated, wooden framed villas
- Designed to suite the Swedish market and be very energy efficient, cost effective and environmental friendly



# Building envelope improvements



# Technologies

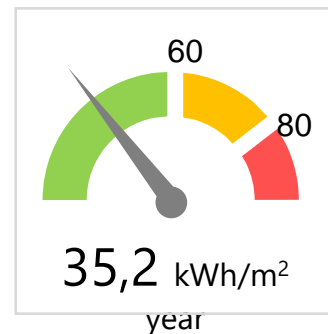
- Ground source heat pump providing heating and hot water
- Ventilation unit with heat recovery
- Floor heating
- LED lighting
- Solar PV (3,6 kWp, generating about 3000 kWh per year)



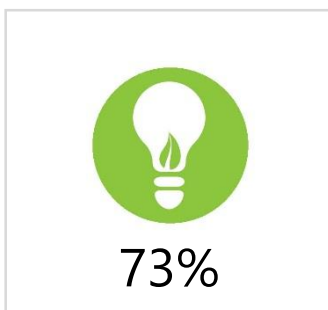
# Overall Results: Borås



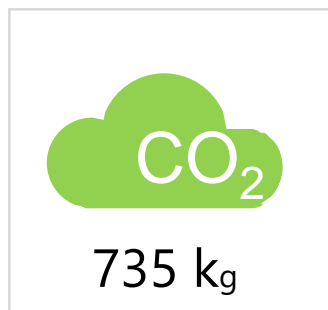
## Primary Energy Consumption



## Annual Energy Savings



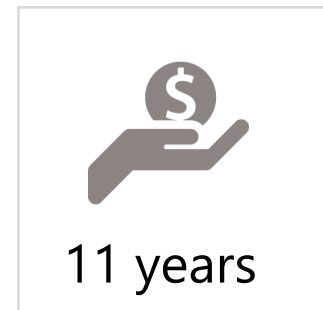
## Annual CO<sub>2</sub> Emissions Savings



## Annual Money Savings



## Payback Period of EE solutions

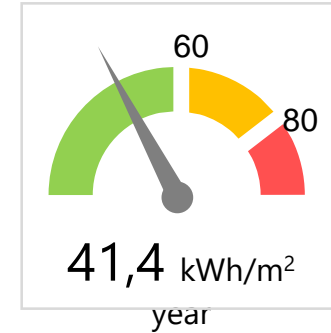


(\*) Savings comparing to a building of the same age according to normal practice or national regulation

# Overall Results: Varberg



## Primary Energy Consumption



## Annual Energy Savings



68%

## Annual CO<sub>2</sub> Emissions Savings



687 kg

## Annual Money Savings



1,108 €

## Payback Period of EE solutions



11 years

(\*) Savings comparing to a building of the same age according to normal practice or national regulation

# Lessons learned



- User behaviour is a key point in low energy houses and can have big impact on energy use
- Improvements regarding building envelope tested in the project is now part of Deromes standards solutions in some parts
- Borås house now serves as full scale lab for several other research projects



# Reduce energy use by behaviour change



# Reduce energy use – who is the winner?

## The building owner...?

- Economic
- Environmental and social responsibility
- Higher standard for tenants
- More satisfied tenants

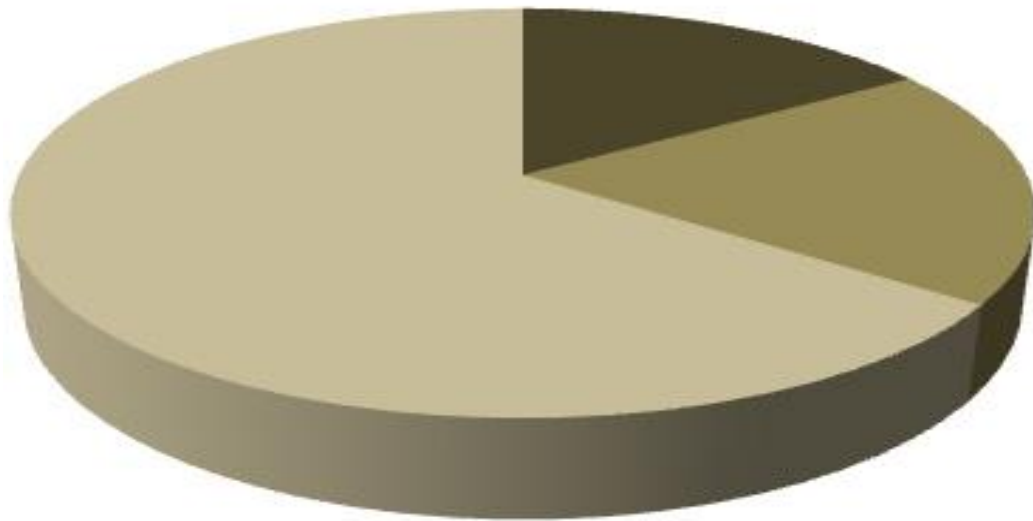
## The tenants...?

- Raised awareness and the ability to act
- Lower costs
- Less energy use
- Better indoor comfort

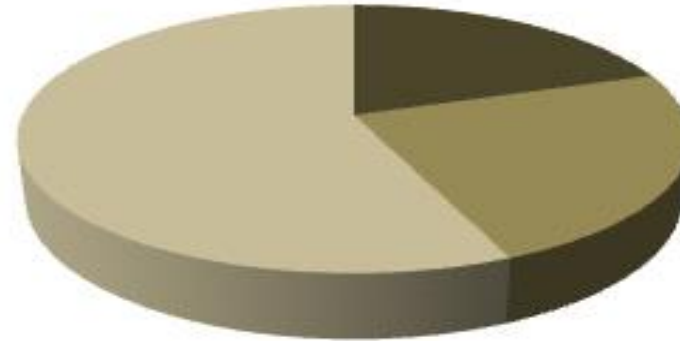


## Energy use: Current – New – Future houses

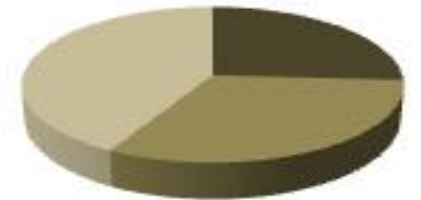
**Current houses**



**New houses today**



**Future houses**

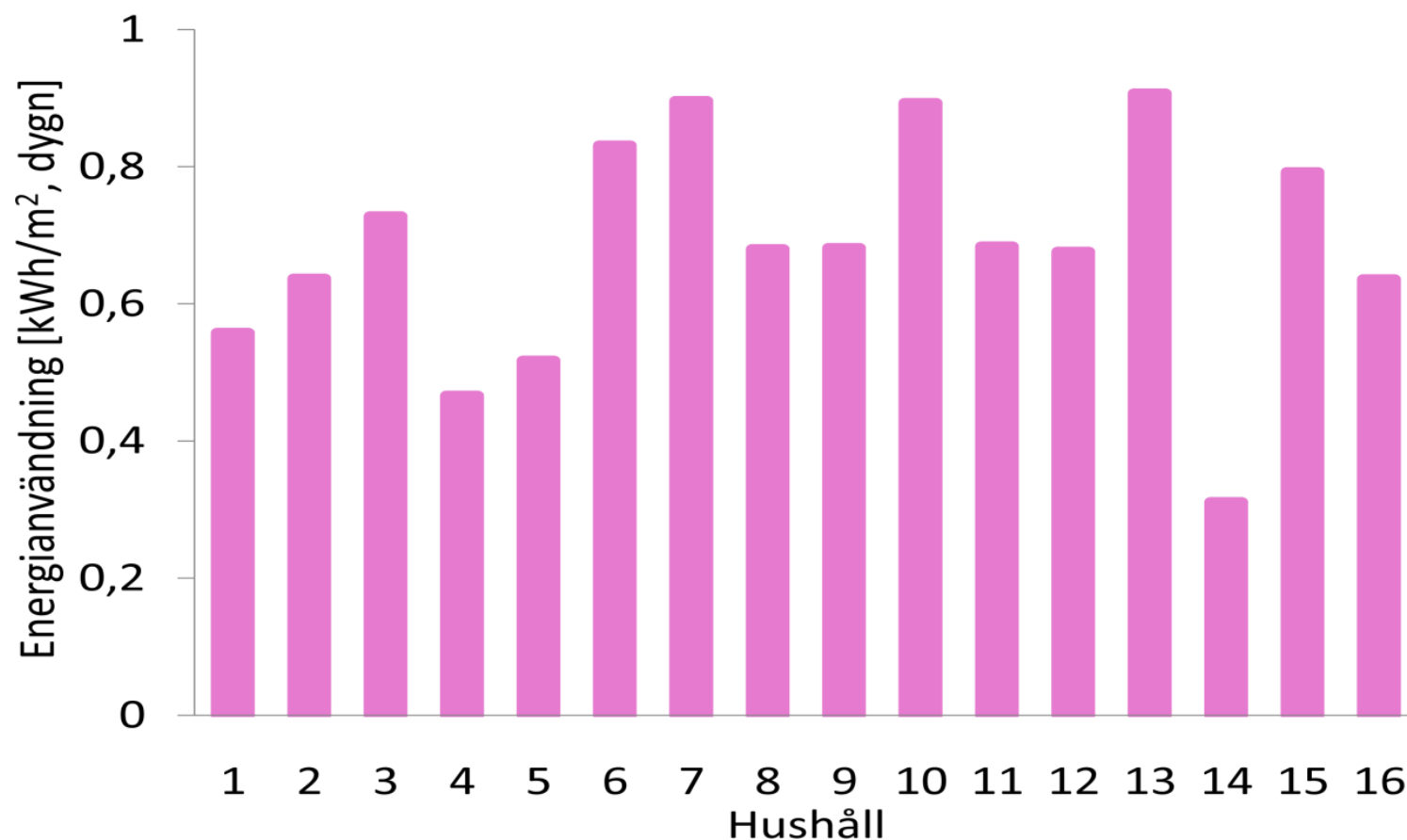


■ Electricity  
■ Hot water  
■ Heating

The behaviour of the tenants will be a bigger and bigger part of the energy use

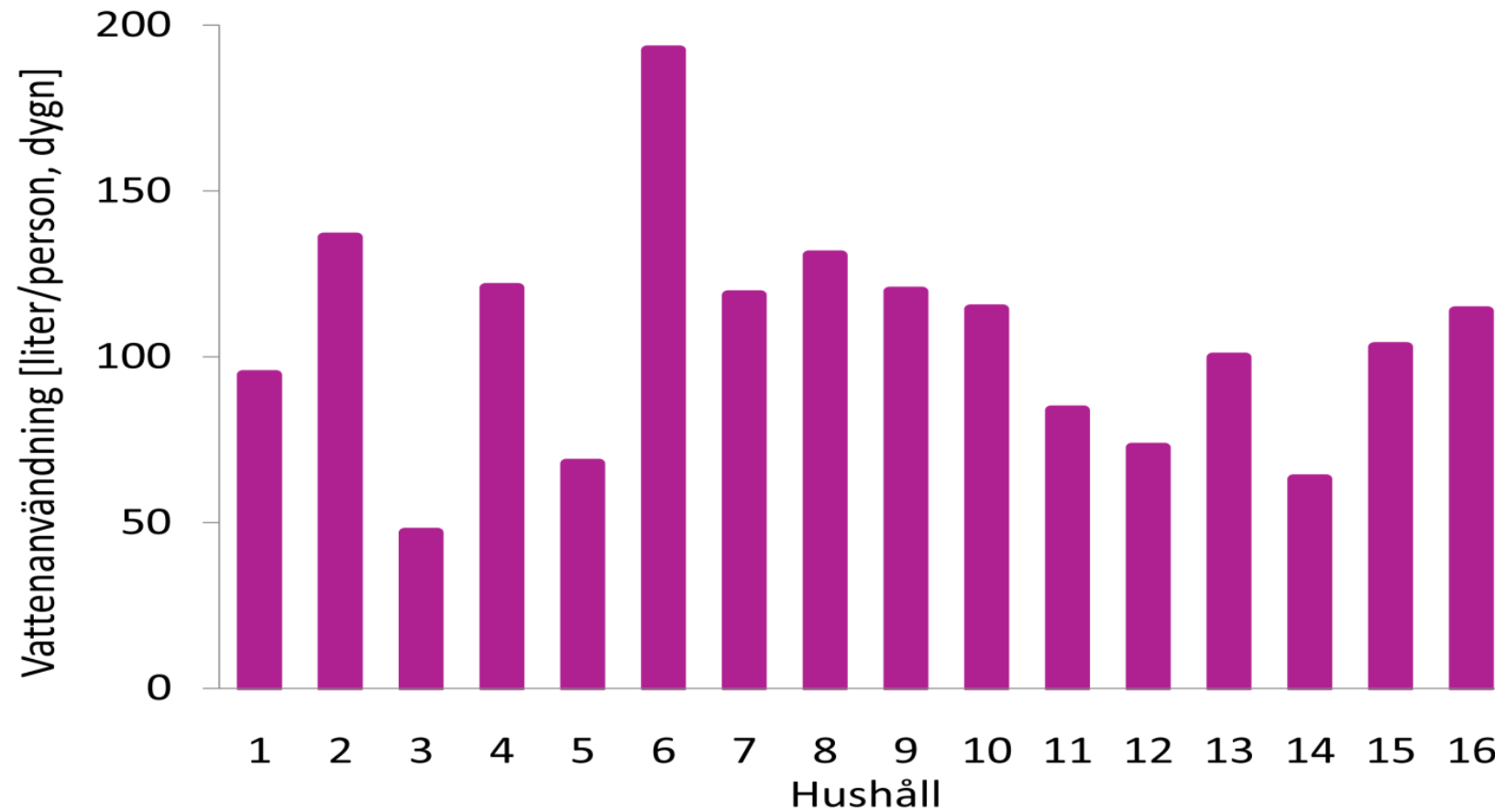


Example: Swedish study; Same houses, very big difference in energy use

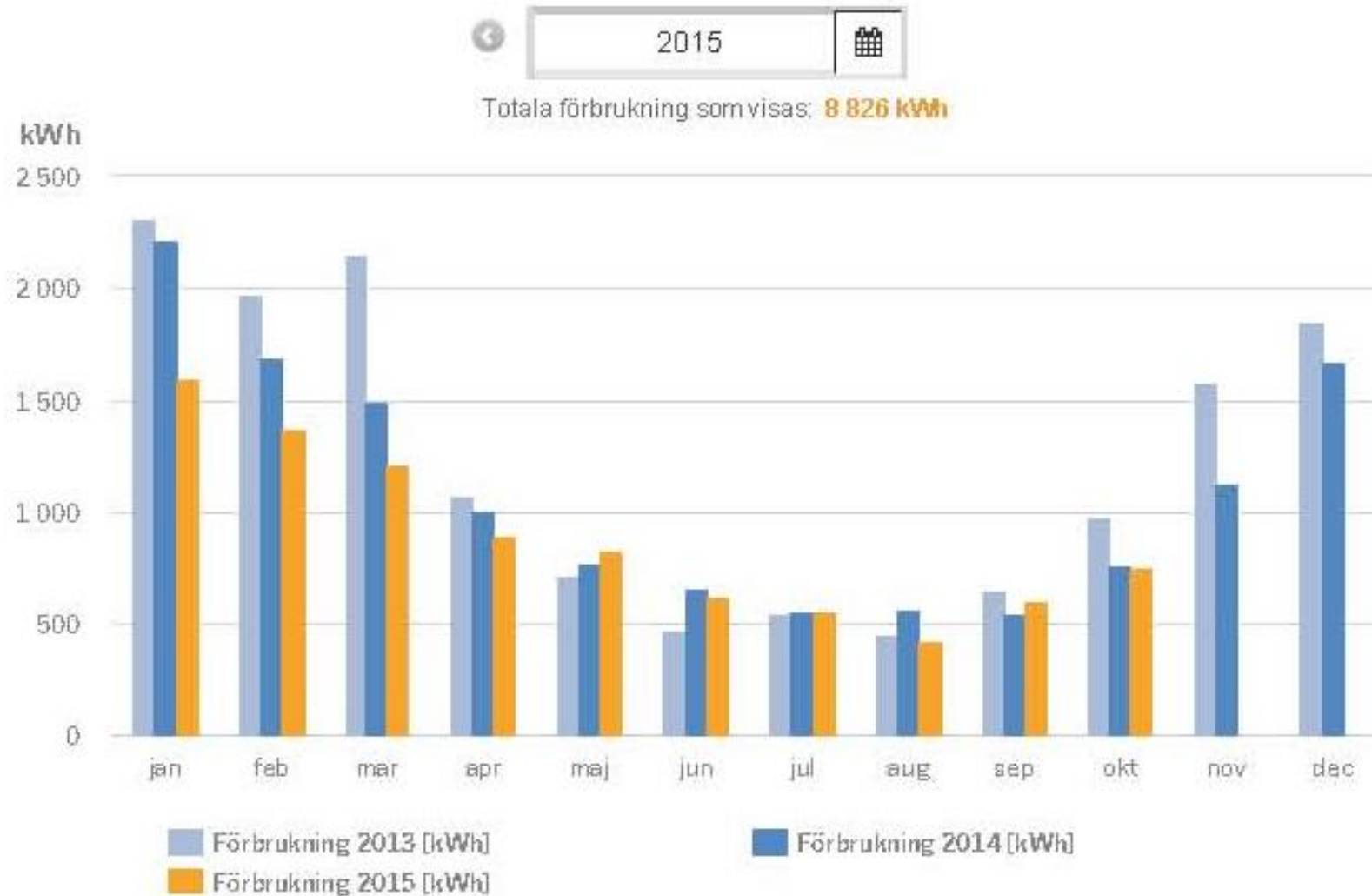


“The energy use can vary a lot between different households!”

The variation for use of hot water is even bigger






# Electricity varies during the year, energy improvements done



# Energy behaviour

- but does it really matter...?

Estimations on potential for energy savings by behaviour change is as high as 20 % !

	Rarely	Often
No/low cost	LED lights Lower indoor temperature Air tightness Low flow taps 	Habits and lifestyle Shower quick Air dry laundry Turn off lights and stand-by 
High cost	Investments white goods, TV, computer, heating system 	



FÖRBERED HEMMET FÖR TONÅRINGAR

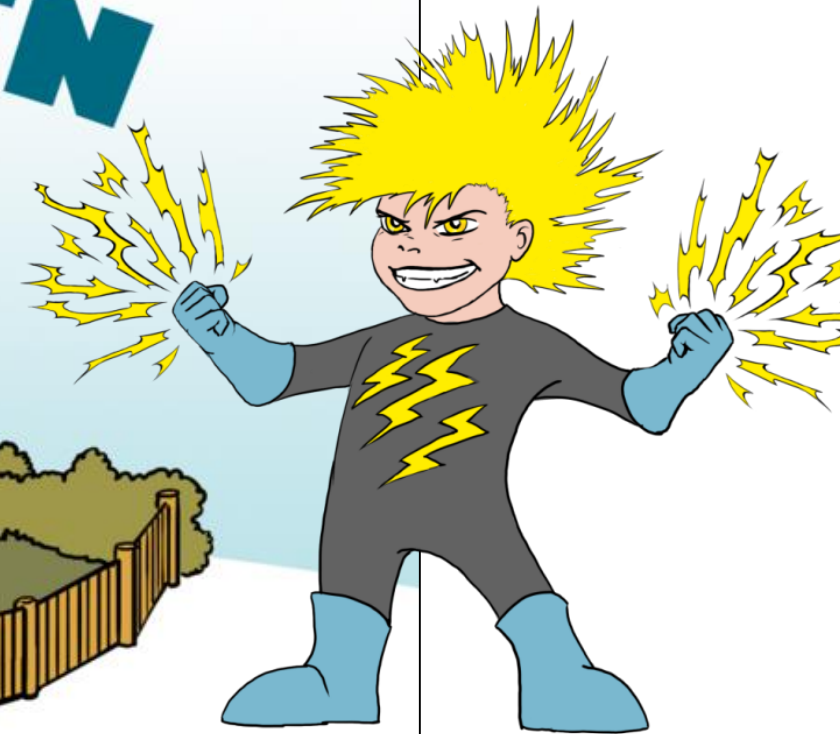
“Choose energy wise when you can”



# Example of energy visualisation



# STRÖMTJUVEN



Ett verktyg av projektet **FörskoleVis** 



# BeyondViz – energy efficient behaviour at work







# THANK YOU!

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